

The warrior has his shield.. We have our masks!!

Coronavirus is a virus that infects people.

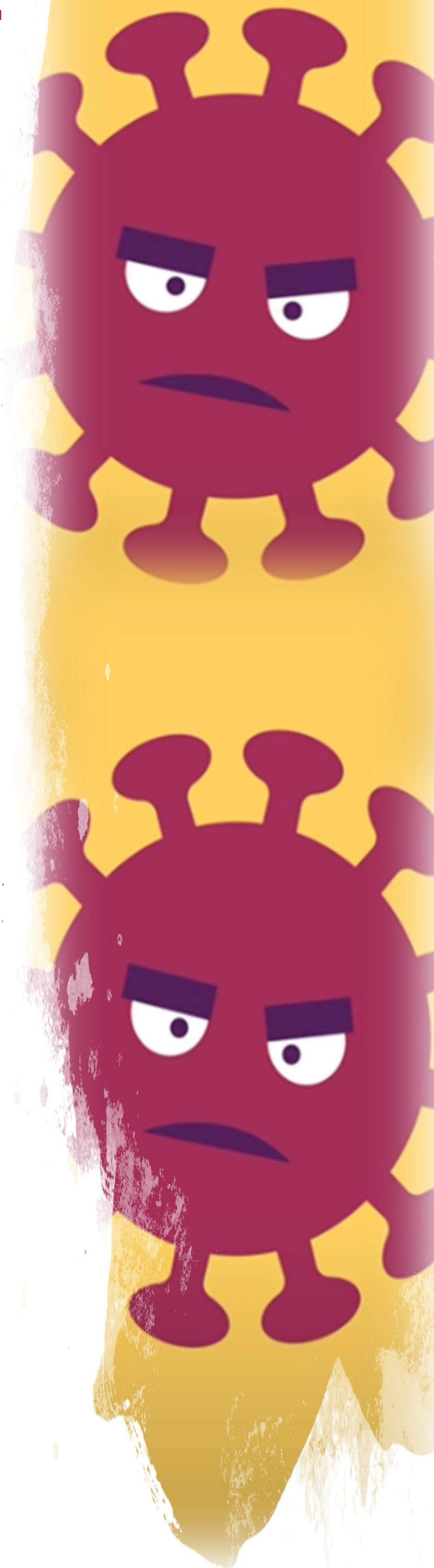
It is so small that we can only see it with a special microscope. Unfortunately, it is transmitted very easily from one person to another.

It usually causes cough and fever and makes us feel tired. We children don't get seriously ill from it; sometimes we don't even realize that we caught the virus. However, older people and grandmothers and grandfathers in particular, can get seriously sick and may need to be hospitalized for many days. Sometimes even their lives are endangered.

To limit the spread of the virus, we must all work together!!!

We should follow the following 4 golden rules:

1. Keep distances between us, especially when we're not wearing a mask.
2. Sneeze and cough only on a handkerchief or into your elbow.
3. Wash your hands carefully.
4. EVERYONE wears a mask.



How to correctly wear a mask!



wash my hands with soap and water or rub them well with an antiseptic containing alcohol.



I take hold of the mask from the ear loops. The light-colored side goes against my face.



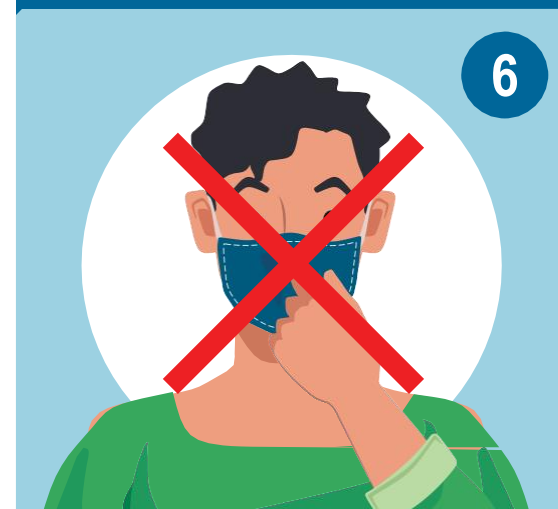
I put the ear loops around my ears



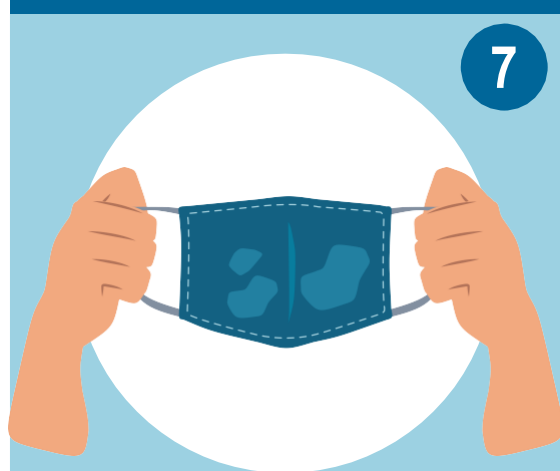
Press the metal band so that it conforms to the bridge of your nose.



Carefully pull the lower end so that it is wrapped around your chin.



I don't not touch my mask when I wear it.



I change my mask when it get moist. I remove the loops and I place the mask in a plastic bag.



I wash my hands with soap and water or rub them with an antiseptic.



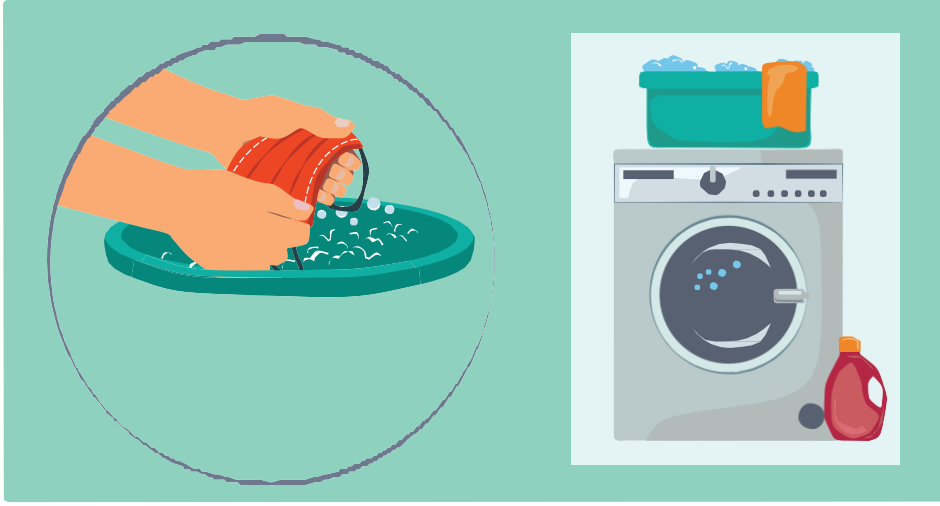
I do not handle my mask or share it with others. I do not wear a disposable mask again.

Masks can be dangerous...

They offer no protection if worn as shown below:



I take care of my mask!



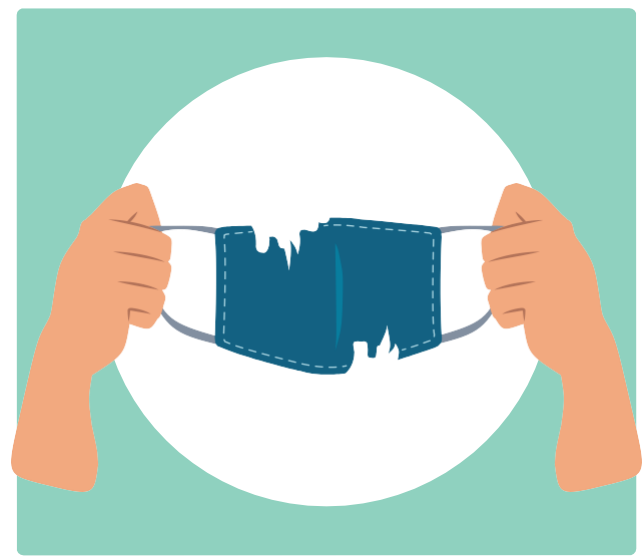
I wash my mask with detergent at temperatures greater than 60° C.



I hang my mask to dry.



I iron it.



I check to my mask to ensure it is not worn or torn.



I always wear a clean mask.

I discard the used or disposable mask...



I have at least two masks in a plastic bag.

...in the garbage can and not in the recycling bin

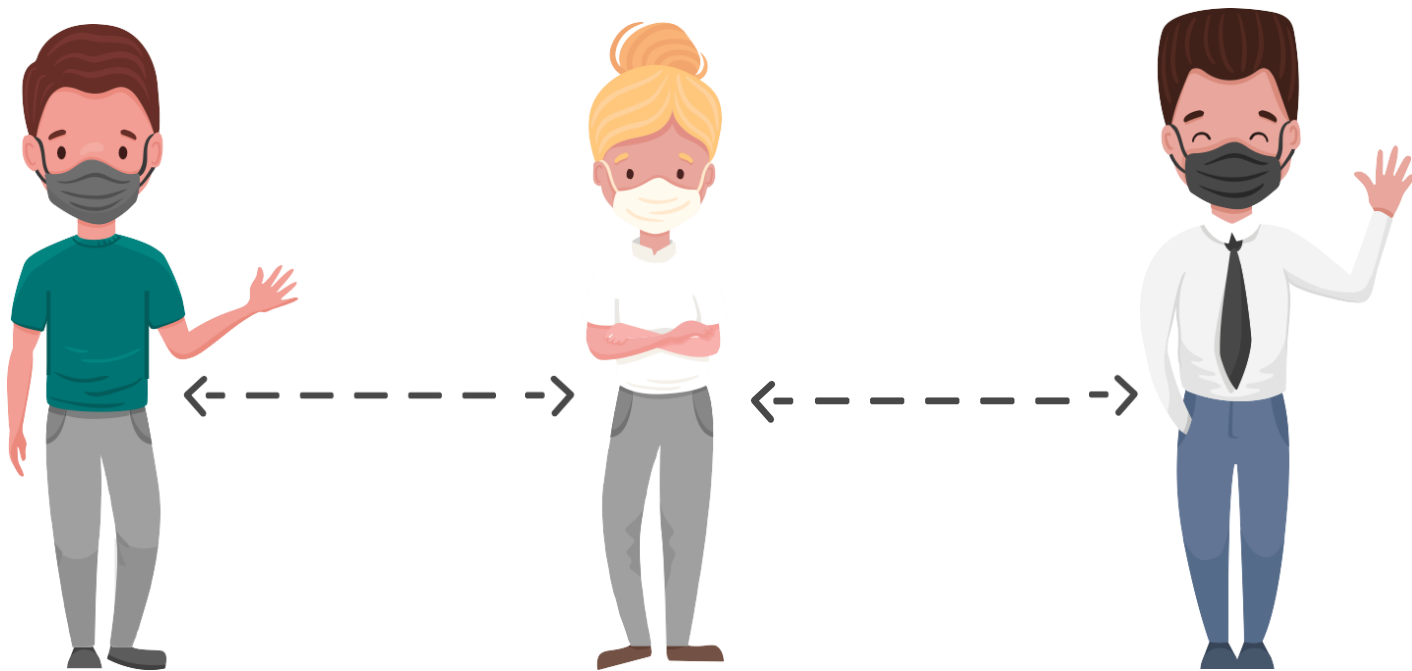
I WANT...

- ✓ To go to school, to the university, to my job
- ✓ To watch my favorite movie at the cinema
- ✓ To go shopping
- ✓ To meet friends in the square, on the street, at coffee shops
- ✓ To go out with friends and enjoy ourselves
- ✓ To return to normalcy

In order to do all these things, I
need to be healthy...
Both I and my best friends, my
classmates, my fellow students, my
colleagues...

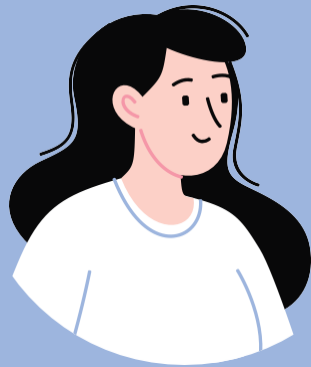
I keep distances

I wear a mask and... continue my life!



My mask protects you (and me) Your mask protects me (and you)

COVID-19
Carrier
(No mask)



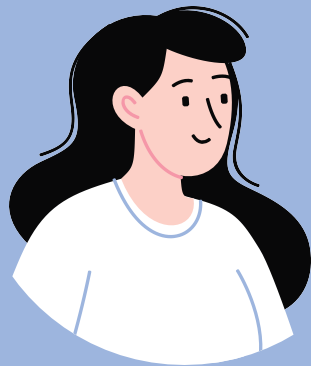
TRANSMISSION RISK

90%



Healthy
person
(No mask)

COVID-19
Carrier
(No mask)



TRANSMISSION RISK

30%



Healthy
person
(With mask)

COVID-19
Carrier
(With mask)



TRANSMISSION RISK

5%



Healthy
person
(No
mask)

COVID-19
Carrier
(With mask)



TRANSMISSION RISK

1.5%



Healthy
person
(With mask)